



# APPLICATION

## For Election to the Board of Directors

03/2024

### Being a director of South Riverdale Community Health Centre (SRCHC) means:

- You understand and support the work of the Centre and what guides that work;
- You support our mission, vision and value statements (located on the back);
- You have both a role and responsibility to be involved in and support the work of the Centre; and
- You can promote the health of our community.

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_

Address: \_\_\_\_\_ Apt #: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

1. How did you hear about this SRCHC Board of Directors opportunity?

2. Please provide us with the following information:

2.1 Are you 18 years of age or over?  yes  no

2.2 Do you live in our catchment area?  yes  no

2.3 Do you work or study in our catchment area 75% of the time?  yes  no

*If yes to 2.3, where:*

Catchment area (Don River, Warden Avenue, O'Connor Drive, and South to the Lake)

2.4 Are you a client of the Centre?  yes  no

2.5 Have you ever had the status of bankruptcy?  yes  no

2.6 Do you meet the requirements as outlined in the  
Ontario *Not-for-Profit Corporation Act, 2010*?  yes  no

3. Please answer the following:

3.1 Are you familiar with any of the services or programs offered by SRCHC?  yes  no

3.2 Have you ever been a volunteer at SRCHC?  yes  no

***If yes, what program:***

4. The board typically meets on the 3<sup>rd</sup> Thursday of each month, ten months of the year, often September through June. Are you willing and able to regularly attend our monthly board meetings along with other meetings such as committees and events – approximately 6-10 hours/month? \*\*  yes  no

5. We are interested in Board members who have links with the groups and/or communities we serve or with whom we work. Please indicate if any of the following areas apply to you:

**Work/Volunteer:**

- |                                         |                                            |                                                 |                                          |
|-----------------------------------------|--------------------------------------------|-------------------------------------------------|------------------------------------------|
| <input type="checkbox"/> Business       | <input type="checkbox"/> Labour            | <input type="checkbox"/> Health Care            | <input type="checkbox"/> Social Services |
| <input type="checkbox"/> Political      | <input type="checkbox"/> Environment       | <input type="checkbox"/> Education/School       | <input type="checkbox"/> Legal Service   |
| <input type="checkbox"/> Communications | <input type="checkbox"/> Crisis management | <input type="checkbox"/> Other (please specify) |                                          |

6. If elected, what can you contribute to the Board and SRCHC? eg. Life experiences, work experiences, skills etc. *(use extra page if necessary)*

\*\* Bylaws section 2c: It shall be a requirement of membership on the Board that Directors may not be absent from more than three (3) regular meetings of the Board in any twelve (12) month period starting from the date of the annual general meeting. Without authorization by a two-thirds (2/3) majority of the other Directors at a regular meeting of the Board, the Director will be deemed to have resigned.

7. Please tell us why you would like to be a Board member of SRCHC? *(use extra page if necessary)*

8. Do you have any relatives or friends on the Board of SRCHC?  yes  no

If yes, please name:

9. Do you have any relatives on the staff of SRCHC?  yes  no

If yes, please name:

10. Have you ever been a member of any Board?  yes  no

If yes, please name:

11. Is there anything else you would like to tell us about yourself or your experience?  
*(use extra page if necessary)*

12. All candidates are required to attend a board meeting as a part of the nominations process. Candidates will be invited to attend an online board meeting on May 16, 2024 starting at 6:00pm Please indicate all of the methods possible for you to attend a board meeting remotely (check all that apply):

- By phone                       Online with audio                       Online with video

13. To help us learn more about our candidates, we would like to talk to people who know you well. We would like your permission to contact two people who you would use as a reference. *Please advise your references that we will be contacting them and let them know the reason for our call.*

Appropriate references include contacts from previous volunteer experiences or local community agencies, past or current employers, etc.

Please do not include references from your family, therapist, doctor, etc., or any staff from South Riverdale CHC.

Name: \_\_\_\_\_ Day Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Nature of relationship of candidate to reference: \_\_\_\_\_

Name: \_\_\_\_\_ Day Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Nature of relationship of candidate to reference: \_\_\_\_\_

***please note that two reference checks are required for all candidates***

**Please submit the completed application by 2024-04-24 via email to: [board@srchc.com](mailto:board@srchc.com)  
Selected candidates will be contacted to schedule an interview in May.**

I certify that the information submitted in this application is true and correct to the best of my knowledge.

**Date:** \_\_\_\_\_

## VISION

Empowered, healthy and thriving communities where everyone belongs.

## MISSION STATEMENT

South Riverdale Community Health Centre's mission is to improve the lives of people that face barriers to physical, mental, spiritual and social well-being. We do this by meaningfully engaging our clients and communities, ensuring equitable access to primary health care and delivering quality care through a range of evidence informed programs, services and approaches.

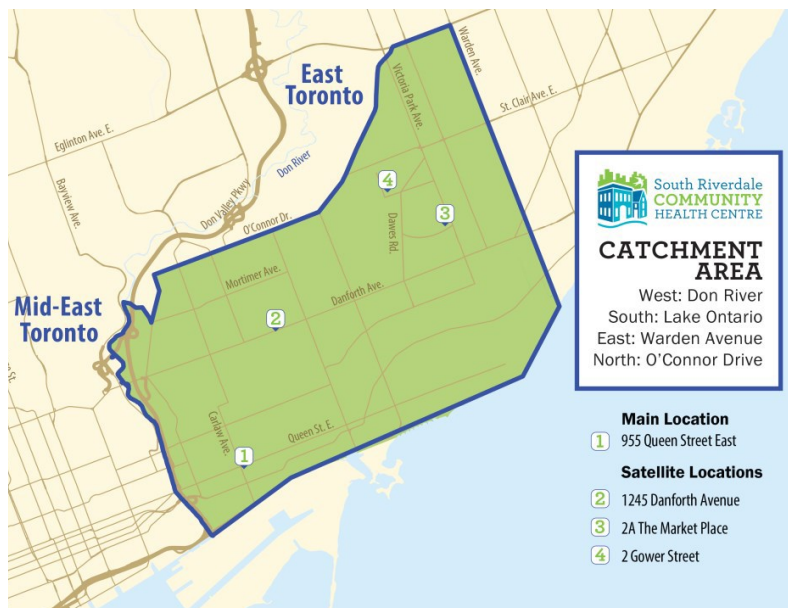
## ROLES AND RESPONSIBILITIES OF MEMBERS

Support our Vision, Mission and Values and Strategic Directions; and, respectfully interact with other Centre members, staff, service users and broader community.

### How did you learn about SRCHC?

- SRCHC Newsletter
- SRCHC Website
- Facebook, Twitter, Instagram
- Flyer or poster
- From friends or family
- Group participant

Other: \_\_\_\_\_



-  [srchc.ca](http://srchc.ca)
-  [SouthRiverdaleCHC](https://www.instagram.com/SouthRiverdaleCHC)
-  [South Riverdale Community Health Centre - SRCHC](https://www.facebook.com/SouthRiverdaleCommunityHealthCentre-SRCHC)
-  [@SRriverdaleCHC](https://twitter.com/SRriverdaleCHC)

### 2021/2022 Strategic Planning Statement of Values

#### Commitment to Reconciliation and Relationship:

Our first commitment must be to honour Indigenous Peoples, and Indigenous approaches to health, wellbeing and community. We recognize that healthcare systems have harmed Indigenous people and Indigenous communities. As part of the healthcare system, we are committed to Indigenous self-determination, actioning reconciliation, building relationships, and learning from Indigenous people/communities/organizations.

#### Health Equity and Social Justice:

We know that differences in health outcomes are avoidable and unfair and are shaped by the social determinants of health and systems, and that our role is to advocate for health equity and justice always. We believe in the dignity and self-worth of all people and their right to be safe, to a healthy environment, to have access to an affordable place to call home, to food, to income, to responsive and high quality health care and more.

#### Meaningful Engagement:

We know that we exist in relation to others and that we have a responsibility to shift the power structures that value certain voices or experiences in decision-making. We acknowledge that power is not distributed equally. In response, we choose to use an equity approach value the perspectives gained through lived experience.

#### Holistic Approach:

We believe that health is a state of physical, mental, social, and spiritual well-being. Our approach is to consider and honour the whole person. We recognize that attending to a holistic sense of health requires an understanding of the diversity of human experiences, the systems and environments that shape health and wellbeing and the importance of the individual's right to autonomy and choice.

#### Evidence and Values Informed Practice:

We believe that everyone deserves access to high-quality care, disease prevention and health promotion, and that care can be best informed by what we learn and what we believe. We acknowledge the limitations and historic harms of evidence based practice that have not been responsive to community experience, knowledge and emergent evidence. Given that, we will champion approaches that inform practice, leadership, and transformative change. We will also help shape the production of evidence by participating in, leading, supporting and sharing community-based and led research.